## Knowing PATHWAY SUPPORT HOW TO NAVIGATE DIAGNOSIS DIAGNOSIS CLEAR, CONCISE. NEURO DIVERSE ACCESSIBLE WORLD ... INFORMATION CONVIECTION COACHING DILOTA COMMUNITY ORGS WELCOME EVEN WITHOUT REASONABLE ADJUST MENT DIACUOSIS ACKNOWLEDGING US TRAUMA INFORMED COMMUNITY LED EMPOWERING CARE NO JUDGEMENT LISTENING REASSURING THE WHOLE SYSTEM IS WORKING AGAINST US NON PATRONISING ACCESSIBLE CRISIS SUPPORT STIGMA FREE "There are so many barriers" "Processes are losing people. We simply do not have EQUITY "They've not going to listen" the capacity to comple them' RESPECT "Should I give up on myself?" overlooked" PILOT DUE TO END ... "I was shocked that nothing followed" 'ım different.. not deficient!" "I feel like I m being told to work harder" "I FOUND IT INFANTALISING" "There's no-one to tell what I need" FOCUS GROUP OUR HOPE MARCH 2024